

## **Appendix D:**

### **USPhysioMED: Pre-Medical Assessment Questionnaire:**



A slight bend in the penis may not even attract the owner's interest - while a severe bend can have a devastating effect on both the owner and his partner. The one thing both men have in common is that they have Peyronie's Disease. Mild bending of the penis can be progressive—early treatment can help to prevent worsening of the condition. There is also hope for the severely afflicted. New developments in drugs and treatment protocols are now offering real prospects for significant improvement and a return to functionality. There are two important factors that contribute to successful treatment. First you need a physician with experience in the latest developments in Peyronie's research and treatment (such as Xiaflex injection therapy). The next is that you become an informed patient, understand your disease and be a partner with your physician in its treatment. To help you in this process USPhysioMED has prepared the following questionnaire based on discussions with the many Peyronie's patients we have dealt with over the past nine years. Remember to discuss both physical and emotional symptoms with your physician. Specify as to how and when you noticed this occurrence, as it plays an important aspect in the final analysis. It is perfectly fine to take in photos of your penis in an erect state to help clarify the significance of severity and penile curvature for the Urologist.

## 1: BASIC INFORMATION

- a. What are your symptoms, along with the estimated time when they started?
- b. How it has affected you sexually and emotionally?
- c. Write down all symptoms you have noticed/experienced from the beginning of your symptoms.
- d. Be prepared to answer more intimate questions, such as:
  1. Have you had intercourse over the last 3-months?
  2. Have you had intercourse since noticing the problems?
  3. Are you concerned over having intercourse due to embarrassment, fear of pain, damaging the penis further, lack of confidence over not being able to maintain an erection or collapsing of the penis during intercourse?
  4. Do you believe you have experienced a noticeable loss of penile length or girth, since your Peyronie's occurrence?
  5. Does your partner experience pain during intercourse?
  6. Have you noticed any problems when your penis is in a flaccid (non-erect) state?

## II. QUESTIONS TO ASK YOUR UROLOGIST

- a. Am I in the first "Acute" stage or secondary "Chronic" stage?  
(ask for further details)
- b. Question if you are a candidate for Ultra-Sound, Doppler or Sonogram medical assessment at this time?

- c. Request best estimate of the degree of curvature of your erect penis and whether the bend is dorsal (up), ventral (down) or lateral (left/right).
- d. If none of the above, do you have an “hourglass” or “hinged” condition?
- e. Ask your urologist about the severity of any “plaque” or “calcification” in the penile shaft at the point where the scar tissue is forming.
- f. Make notes of your urologist's recommendations for later discussion with your partner. If possible have your partner present at the meeting so that both your issues can be discussed, and to ensure you both understand your options going forward.
- g. Ask your urologist if you are candidate for one or a combination of the available accepted protocols for PD Rehabilitation:
  - 1. \_\_\_ Oral Medication Support
  - 2. \_\_\_ Traction Therapy Utilization
  - 3. \_\_\_ Injection Therapy (Xiaflex/Verapamil?)
  - 4. \_\_\_ Surgery
- h. Ask your urologist for a *time line* for a rehabilitation protocol so that you have an understanding of how long the process will take.

### III. FINAL THOUGHTS

- a. We suggest that you take a PDAD measuring device in with you, to help with the assessment. You can purchase directly from ([www.urosciences.com](http://www.urosciences.com)) (1.800.365.2839).
- b. We suggest you take one of the USPhysioMED Doctor Referral cards to help in your discussion about traction therapy. If you are a candidate for this treatment, contact ([www.usphysiomed.com](http://www.usphysiomed.com)) for ordering information.